



केन्द्रीय माध्यमिक शिक्षा बोर्ड  
( शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन )  
**CENTRAL BOARD OF SECONDARY EDUCATION**  
(An Autonomous Organisation under the Ministry of Education, Govt. of India)



No: CBSE/M&PR/Counseling/2025

Date: 10.01.2025

All the Principals/Heads of Schools/  
Institutions affiliated to CBSE

**Sub: Workshop for Principals / Head of Schools on Parenting for Student Development and Well-being.**

Dear Principals,

In alignment with the goals of the National Education Policy (NEP) 2020, CBSE continues to host capacity-building programs, including impactful webinars and workshops designed to foster meaningful collaboration between educators and parents. Recognizing that effective parenting plays a critical role in shaping a child's holistic development, it is imperative to strengthen the synergy between schools and families for the overall well-being and growth of students.

With growing concerns about child safety, mental health, and the evolving dynamics of parent-child relationships, there is a pressing need to empower school leaders with the tools to support parents in guiding their children effectively. The aim is to foster learning, connection, and collaboration while addressing the contemporary challenges of parenting and education.

In this light, CBSE is organizing an “**Offline workshop on Parenting for Student Development and Well-being**” for Principals of all CBSE schools in Lucknow region. The workshop aims to provide participants with essential insights into effective parenting strategies.

**Date & Day** : 20 January 2025 (Monday)  
**Time Duration** : 10:00AM to 02:00PM  
**Venue** : The Lucknow Public Collegiate, Ruchi Khand I, Sharda Nagar, Lucknow  
(Participants should reach the venue at 9.30AM for pre-workshop formalities)

**Key topics:**

- Understanding Psychological Development of students
- Fostering Effective Parent-Child Communication
- Balancing Discipline and Empathy in Parenting
- Creating a supportive environment for growth and learning

We request all Principals of Lucknow region to register for the workshop via the provided Google Form link  
<https://forms.gle/d4kNK5SRNZ8tnNKk7>

**Participation will be limited and will be selected on a first-come, first-served basis.** Confirmation emails will be sent to the nominated participants.

Your proactive involvement will contribute significantly to safeguarding the health and future of our students. In case of any queries, please contact us at: [cbse.counseling@gmail.com](mailto:cbse.counseling@gmail.com)

With Best Wishes,

  
(Himanshu Gupta)  
Secretary



“शिक्षा केन्द्र”, 2, सामुदायिक केन्द्र, प्रीत विहार, दिल्ली-110092  
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# केन्द्रीय माध्यमिक शिक्षा बोर्ड

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## CENTRAL BOARD OF SECONDARY EDUCATION

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**Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim -737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791111
10. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh - 521456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A -Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt. -110010
16. The State Project Director, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Nayapalli, P.O. Sainik School, Bhubaneswar, District- Khorda, Odisha-751005
17. DS to the Chairperson, CBSE
18. All the Directors/ HODs, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. Joint Secretary (IT Unit) with the request to upload this circular on the CBSE Website

  
**Secretary**



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